# Mount Holyoke College Respirator Use and Care

### **Respiratory Protection Program**

- Medical Evaluation
  - Questionnaire
  - Exams
- Fit Testing
  - Annual
  - Size and brand specific
  - Clean Shaven

- Training
  - Choosing a respirator
  - Inspection
  - Donning
  - Cleaning and storage
- Workplace Surveillance
  - Engineering controls
  - Other Personal Protective Equipment
  - Other hazards

# **Respiratory Hazards**

#### Toxic

- Dusts, fumes, and mists
- Gases and vapors
- Based on OSHA PELs
- Oxygen deficiency
- Immediately Dangerous to Life and Health (IDLH)



# **Types of Respirators**

#### AIR PURIFYING

- Dust Mask
- Half Face
- Full Face
- Powered air-purifying respirator



#### SUPPLIED AIR

 Self-contained breathing apparatus (SCBA)



### **Air Purifying Respirator Limitations**

- For gases and vapors chemical must have warning properties
- Oxygen level in atmosphere must be between 19.5% and 21%
- Cannot be used in IDLH atmospheres
- Will only work with correct filters or cartridges
- Limited contaminant concentrations

Limited contaminant concentrations General Protection Factors (PF)

Dust	5
Half Face	10
Full Face	50
PAPR	100

Maximum Use Concentrations (MUC) OSHA PEL x PF = MUC

### **Particulate Respirators**

#### Filter Efficiency

- 95%
- 99%
- 99.97%
- Oil Resistance
  - N (not resistant)
  - R (resistant)
  - P (oil proof)



# **Respirator Cartridges**

- P100 Filter (particulates)
- Organic Vapor
- Organic Vapor/Acid Gas
- Acid Gas
- Ammonia/Methylamine
- Multi-Contaminant
- Metallic Mercury/Chlorine
- Pre-filters



# **Cartridge Service Life**

Depends on:

- Contaminant concentration
- Breathing Rate
- Humidity
- Temperature

Replace when:

- Breathing becomes difficult
- Contaminant breakthrough
- Visible deterioration
- After 8 hours of use
- At least monthly

### Donning

- Inspection
- Negative pressure test: cover cartridges and inhale for 10 seconds; face piece should collapse slightly
- Positive pressure test: cover the exhalation valve and exhale gently; a slight positive pressure should build up in the mask



 If any air movement is detected the test failed, you must refit the mask and start again

# Inspection

- Check face piece for damage and pliability
- Check straps for damage and elasticity
- Check filters for deterioration, dirt
- Check valves for tears and pliability
- Confirm correct filter type



### Storage

- Stored in sealed container
- Away from contaminants
- Away from heat, cold, and moisture



# Cleaning

- Remove cartridges, filters, valves and straps
- Wash face-piece and accessories (not cartridges)
- Rinse with clean water
- Air dry or wipe with clean cloth
- Inspect and reassemble



# **PortaCount Fit Testing**

- Quantitative
- Measures microscopic particles outside and inside mask
- Exercises
- No facial hair around seal
- No smoking 1 hour before test



# Questions

- Ask your supervisor
- Contact Environmental Health & Safety
  - env-health-safety@mtholyoke.edu
  - 538-2529